

Neuro Emotional Technique: NET

This is the website for NET or Neuro Emotional Technique. Though I am not on the list of certified practitioners, I have been taken all the hours to meet the requirements for Basic training and will be attending the Advanced training soon. Some of the seminars are not relevant to my practice and work with you. So, I have chosen only those that help me meet your needs.

NET is a series of procedures for treating any emotional barriers to healing and wellness. As part of a comprehensive treatment plan, NET is a powerful tool to help clear the fears, distress, anxiety, despair, anger, frustration, resentment, low self-esteem, grief, sadness, obsessive thoughts, dread, worries, and other emotional obstacles to greater health, pain relief, vitality, joy, and wellness.

Check it out: www.netmindbody.com.