

Homotoxicology: Simple, Safe, Scientific Remedies to Stimulate Your Own Mind and Body Healing Systems

Homotoxicology is an approach to healing that integrates the treatment principles of homeopathy with the diagnostic approach of modern allopathic medicine. Homotoxicology uses homeopathic remedies which are FDA approved and come in tablets, liquid vials, oral drops, and injection solutions. Remedies work to stimulate the body's inherent capacity to heal itself.

Homotoxicology integrates new advances in modern medical science like pathology, toxicology, biology, enzymology, and immunology with homeopathic principles of treatment. It's based on a simple principle: disease is caused by a build up of toxins in the body. The severity of an illness often depends on the intensity and duration of toxic blockages and, the body's natural ability to detoxify or eliminate such threatening poisons.

Today's environment contains thousands of chemicals, many of which are toxic to the human body. Exogenous toxins that are introduced or produced from outside the human body include air pollution, synthetic chemicals in food and water, bacteria, viruses, other microbes, electromagnetic radiation, geopathic stress, and allopathic drug residue.

Chemicals and other toxins are absorbed into the body through organs such as the skin, lungs, and gastrointestinal tract. The liver, kidneys, skin, mucous membranes and other organs then attempt to process and expel these substances.

Endogenous toxins are produced inside the body and come from lactic acid, adrenaline, histamine, antigen-antibody complexes, nutrient deficiencies, psychological stressors, and emotional traumas- - yes, the chemicals generated by negative emotions are toxic to cells, the extracellular matrix, and chemical processes throughout the body.

Toxins constantly challenge cells, tissues, organs, hormones, the immune system, and other protective bodily mechanisms. In this model, disease results from a series of reactions initiated by the self-healing mechanism in the body to either eliminate the toxin or control its biological effects. Therefore, disease is either the physical body's way of waging a defense in order to purge toxins, or an attempt of the organism to compensate if elimination is not possible.

As toxins are expelled from the body, patients should be aware that sometimes symptoms may be aggravated mildly and briefly. This is a normal and valuable

progression of healing and detoxification. If this should occur, remedies can be altered to make the healing process more gentle. Aside from adjusting the remedies, themselves, there are many tried and true strategies to relieve discomfort.

Today, these remedies are used around the world but most especially in Europe. Modern pharmaceutical methods are employed in their preparation, and they can be used along with botanicals, nutritional supplements, dietary instruction, and even pharmaceutical medications without interactions. No matter how young or old one may be or how fragile or compromised one's health may be, homotoxicology can be used in all cases.

Historically, the origins of homotoxicology began with the German physician Hans-Heinrich Reckeweg. When Reckeweg grew discouraged that he was not obtaining the results he wanted for his patients, he determined it was because regardless of what he was prescribing, they were still be subjected to the toxins in their environments. He felt he needed to address the base of the disease, and eliminate the toxins prior to prescribing treatments to strengthen an unhealthy body. His solution was to develop remedies that had the ability to support multiple body systems at the same time.

Dr. Reckeweg sought clinical trials for his remedies in much the same way as more conventional medications are tested. Today, throughout the world physicians and scientists are conducting clinical trials to test the efficacy of the remedies. Thus, homotoxicology continues to evolve to meet the ever-increasing demands for treatment of disease and suffering according to the rigorous criteria of contemporary research.

One additional note: some of the newer products I use are based upon a formulation procedure known as "Spagyric Processing." This time-honored form of processing involves separation of the raw ingredient into its active components, purification of the constituents through natural solutions and rhythmic extractions, and lastly, reunification of the concentrated elements to create the final remedy. Spagyric processing emphasizes use of the whole plant, ensures maximum extraction of the raw material and creates a product that is more concentrated and bioavailable than the original substance; all the while leaving all the original trace minerals and elements intact.