

## **Toxins: Serious Concerns and Real Options**

This is not meant to scare you. However, this information should not be dismissed. It is a concern for me, my family, you, your family, and those you know challenged by any form of cancer (especially reproductive cancers), learning disabilities, cognitive decline and related conditions, respiratory conditions and a host of dreaded conditions listed in the database mentioned below. Please take the time to read the following article. You should be able to click on the link below. If you have trouble opening it that way, please copy and paste it into your browser to access it.

<http://www.protectingourhealth.org/corethemes/links/2004-0203spreadsheet.htm>

You do have options, and I am not referring to the extreme and unsafe fasts and detoxification programs that are out there. There are much safer and simpler ways to protect your own body and mind, as well as the bodies and minds of those you love and those you may know.

Please arrange an appointment with me to learn about your options. Actually, you have a variety of options. Each of them will be designed along with you so that you are not given more information and more strategies than you want or need.

Again, please read the article and go to the database mentioned therein.